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## **Welcome** **Laser Hair Removal Treatment**

On the day of your appointment, you will be given information on our laser system; it's mechanism of action, expected results, and possible side effects by our highly trained and certified medical staff. Most people require 9-12 treatments to get a thorough hair reduction, which should last for at least 5 years. No laser hair removal is considered complete or permanent, since hairs must be in a specific growth cycle to be affected, but true "laser" is far more effective than "IPL". Our laser is a Lightsheer diode true laser, and is considered the "gold standard" of laser hair removal systems. We anticipate reducing the hairs by 80%, but 100% is not possible – you will still have some hairs left over.

You will have the opportunity to ask questions and address any concerns. To prepare you for your initial visit and first day of treatment, the following recommendations are suggested:

- Must be 18 years of age or with parental/guardian consent.
- Do not tan for 6-8 weeks prior.
- Do not wear make-up or deodorant or cream in the area to be treated on your appointment day.
- Do not pluck, wax, or use depilatory creams in the areas to be treated for 4 weeks
- If using Accutane, discontinue use for 6 months prior to treatment.
- Closely shave the area to be treated the day of or before your appointment day.
- If you are having facial hair treated do not shave that area for 2 days prior.
- Do not use antibiotics within 10 days prior to appointment.
- No steroid use as this promotes hair growth.
- No use of Alfa hydroxyl, Retina A, Glycolic Acid etc. for 1 week prior to treatment.

If you have any other questions, please call us at 735-0639 and we will be happy to answer them.

We look forward to meeting you – please let us know if you are interested in any other services available at the clinic including Botox, laser hair removal, fillers with Juvederm and microdermabrasion.

**WE ACCEPT THE FOLLOWING METHODS FOR PAYMENT:**

**INTERAC (DEBIT)-----VISA -----MASTERCARD**

Please call if you have any questions or concerns. Masters/proc/lasers